

42 Days of Marriage Wisdom Quotes

[Instructions: Draw one quote daily for discussion over morning coffee or evening wind-down]

Week 1: Breaking the Survival Cycle

Day 1 - Gary Chapman "We cannot rely on our emotions to carry us through the long haul of marriage. Emotions change like the weather, but commitment is like a rock."

Day 2 - Ruth Bell Graham "A good marriage is the union of two good forgivers."

Day 3 - Mark Twain "Marriage makes or mars a man, and marriage makes or mars a woman. The question is: which will you choose to do for each other?"

Day 4 - Dave Ramsey "You can't out-give someone who truly loves you, and you can't out-love someone who is committed to your success."

Day 5 - Elisabeth Elliot "The fact that I am a woman does not make me a different kind of Christian, but the fact that I am a Christian makes me a different kind of woman."

Day 6 - Will Smith "You don't try to build a wall. You don't set out to build a wall. You say, 'I'm going to lay this brick as perfectly as a brick can be laid.' You do that every single day. And soon you have a wall."

Day 7 - John Gottman "Happy marriages are based on a deep friendship. They are based on knowing each other intimately, being well versed in each other's likes, dislikes, personality quirks, hopes, and dreams."

Week 2: Communication Revolution

Day 8 - Gary Smalley "The number one need of every human being is the need to feel valued and loved. When we communicate in ways that make our spouse feel valued, we're speaking their emotional language."

Day 9 - Steve Harvey "You have to stop listening with your emotions and start listening with your ears. When someone tells you who they are, believe them."

Day 10 - Sheila Wray Gregoire "Communication isn't just about talking more; it's about creating safety so that authentic sharing can happen."

Day 11 - Tony Evans "If you want to know what someone values, don't listen to what they say—watch what they do with their time, money, and attention."

Day 12 - Brené Brown "Connection is why we're here; it is what gives purpose and meaning to our lives."

Day 13 - Jimmy Fallon "Thank you, cell phone, for making it possible to have an argument with my wife even when she's in the same room."

Day 14 - Emerson Eggerichs "When a husband feels disrespected, it is especially hard for him to express love. When a wife feels unloved, it is especially hard for her to express respect."

Week 3: Intimacy Unleashed

Day 15 - Max Lucado "A man's heart away from God becomes a desert. A woman's heart away from God becomes a wilderness. Together, apart from God, they become a wasteland."

Day 16 - Song of Solomon 4:9 "You have captured my heart, my treasure, my bride. You hold it hostage with one glance of your eyes."

Day 17 - Kevin Leman "The best thing a father can do for his children is to love their mother."

Day 18 - Juli Slattery "Intimacy isn't just about sex—it's about knowing and being known at the deepest levels."

Day 19 - John Piper "Staying in love is not a passive experience. It is an active choice, a conscious decision to continue pursuing the heart of another human being."

Day 20 - Mark Gungor "Men, your wife needs to feel emotionally connected to you before she can be physically intimate. Women, your husband needs to feel physically connected to you before he can be emotionally intimate."

Day 21 - Shannon Ethridge "Boundaries are not walls to keep love out, but rather fences to keep love safe."

Week 4: Conflict Transformation

Day 22 - Tim Keller "Love without truth is sentimentality; it supports and affirms us but keeps us in denial about our flaws. Truth without love is harshness."

Day 23 - Andy Stanley "Your greatest contribution to your marriage may be your commitment to your own personal growth."

Day 24 - Maya Angelou "There is no greater agony than bearing an untold story inside you."

Day 25 - Rick Warren "Conflict is inevitable, but combat is optional."

Day 26 - Drs. Les and Leslie Parrott "The goal in marriage is not to think alike, but to think together."

Day 27 - C.S. Lewis "Being in love is a good thing, but it is not the best thing. It is a noble feeling, but it is still a feeling."

Day 28 - Gottman Institute "In relationships, small things are the big things."

Week 5: Vision Alignment

Day 29 - Zig Ziglar "Many marriages would be better if the husband and wife clearly understood that they are on the same side."

Day 30 - Proverbs 29:18 "Where there is no vision, the people perish."

Day 31 - John C. Maxwell "A dream becomes a goal when action is taken toward its achievement."

Day 32 - Henry Cloud "Getting to the next level always requires ending something, leaving it behind, and moving on."

Day 33 - Joel Osteen "You're not defined by your past; you're prepared by it."

Day 34 - Wayne Gretzky "You miss 100% of the shots you don't take."

Day 35 - Oprah Winfrey "The biggest adventure you can take is to live the life of your dreams."

Week 6: Faith Foundations

Day 36 - Ecclesiastes 4:12 "Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken."

Day 37 - Billy Graham "A good marriage is the union of two forgivers, but the best marriages are the union of two believers."

Day 38 - Francis Chan "True love is not giving someone what they want, but giving them what they need to become who God wants them to be."

Day 39 - Corrie ten Boom "Never be afraid to trust an unknown future to a known God."

Day 40 - Mark Driscoll "The goal of marriage is not happiness but holiness."

Day 41 - Tim and Kathy Keller "To be loved but not known is comforting but superficial. To be known but not loved is our greatest fear. But to be fully known and truly loved is, well, a lot like being loved by God."

Day 42 - Mother Teresa "It is not how much we do, but how much love we put in the doing. It is not how much we give, but how much love we put in the giving."